

Eastern Zone – Region 1
Speedo Champions Series Meet
March 6-9, 2008 - Nassau County Aquatic Center
General Meeting – Conduct of the Meet

Officials

Meet Referee: Fred Killian (MA)

Admin Referees: John Hirschmann (PV), Jim Leigh (MA)

Deck Referees: Jim O'Neill (NJ), Andis Akerfelds (MR), Holger Fietkau (MR), Dave Katz (MA), Ann Leaver (NJ), Michael Panzarino (MR), Paul Simco (MR)

Starters: John Lee (MD), Fred Dooe (NE), Cecil Gordon (MA), Ann Leaver (NJ), Bruce Petersen (NJ), Kris Sawicz (MR)

Chief Judges: Paul Simco (MR), Cecil Gordon (MA), Bruce Petersen (NJ), Glenn Stafford (MR), Dinesh Tyagi (NI)

Facility Layout

10 Lanes for competition; 8-lanes used for Finals and all relays. 6-lane, 25-yd pool for warmdown.

Admin area is adjacent to Ref/Starter position (Admin Ref, Announcer, Timing System)

Clerk of Course is outside hospitality area, next to Diving well.

Ready Room is on the bleacher side of the diving tower.

Locker Rooms, Coaches area, Swimmers seating, Results posting

Swim Shop, Concessions, and Hospitality

Venue Rules/Deck Access

Athletes: must display meet credentials

Coaches: must display valid USA Swimming coach credentials

Psych Sheets

Psych Sheets were included in the Coach Packets (includes FAX entries).

Proof of Times

Required proof of times were included in the Coach Packets; Unproven times are marked with a '**'.

Please see the Clerk of Course first and if necessary the Admin Referee.

Timelines

Estimated timelines are included in Coach Packets (before scratches)

Thursday distance events will be swum in event order, slowest to fastest. If extra heats should be needed, they will be swum at the conclusion of both events.

Sunday distance events will be swum in afternoon alternating Women and Men, slow to fast. Fastest heat of each event will swim in Finals.

Current Estimated Timelines: Thur – 4:00 pm/7:10 pm, Fri – 9:00 am/12:15 pm, Sat – 9:00 am/12:45 pm, Sun – 9:00 am/11:30 pm, Sun distance – 1:40 pm / 4:00pm

Daylight Savings Time begins on Sunday; be sure to set your clocks AHEAD one hour !

Warm-Up/Cool-Down Procedures

Warm-Up information is included in the Coach Packets.

General/Specific warm-ups. No diving except in designated lanes at designated times.

Please supervise your swimmers and please be cooperative!

25-yard pool is open continuously throughout the meet – no diving.

Heat Sheets

Heat Sheets will be available after seeding at Clerk of Course (1 per Coach).

Scratches for Prelims/Timed Finals

Deadlines are included in the Coach Packets.

Swimmers may participate in max seven (7) individual events (not including TT); daily max is three (3) individual events, including TT.

Fill out Scratch Cards and put in Scratch Box.

Scratch Box is at Clerk of Course, except during General Meeting.

Scratch deadlines:

Thur – 15 mins after General Meeting for Thur distance events; 4:30 pm for Fri events and 800 FR

Fri – 5:30 pm for Sat events and 200 MR/400 FR

Sat – 5:30 pm for Sunday events (including distance events) and 200 FR/400MR

No shows: Missed Prelims/Timed Finals swims result in removal from the rest of that day's events (except for those already qualified). Must re-enter the meet with the Admin Referee prior to the closing of the Scratch Box for subsequent days.

Swimmers may take a DFS at Prelims or Timed Finals.

Scratches for Finals

Must be done with the Admin Referee only, not later than 30 min after announcement of the results. Fill in name on Scratch Declaration Sheet and initial the log. Intent to Scratch must be cleared not later than 30 min after the swimmers last event. An 'intent to scratch' is NOT a scratch – swimmers will be seeded unless scratch is confirmed within 30 minutes of final swim..

We will have results and unofficial scratch progress with the Admin Ref.

We will post the projected evening swimmers after the event close, including scratches.

Swimmers that 'No Show' at Finals will be removed from the remainder of the meet. There are no DFS at Finals.

Swimmers that 'No Show' at Sunday Finals are subject to a \$50 fine by the Eastern Zone !

Swimmers finishing in a position that might 'scratch-in' should let the Admin Ref know if they are willing to swim – particularly on Sunday.

Swim-Offs

Deck Referee will arrange potential/required swim-offs. Must be conducted within 45 min of swimmer who has last event of the session.

Relays

Relay events are Timed Finals. Relay teams must have at least one swimmer competing in a non-bonus event.

Fastest two heats will swim at Finals. We have relays at start and end of Prelims and Finals.

"Sunday Relay Rule" is in effect. Must declare intention for either Prelims or Finals swim at Positive Check-in on Sat evening. Up to the 16 fastest relays will swim in Finals.

Only two relays per team will score.

Positive Check-in for relays is required to be seeded.

Thur – 4:30 pm for 800 FR

Fri – 5:30 pm for 200 MR and 400 FR

Sat – 5:30 pm for 400 FR and 200 MR

Relay cards will be at the Clerk of Course after seeding for pick-up.

Completed relay cards must be turned in to Clerk of Course approx 45 min prior to the event. Changes to the names and/or order can be made up until the heat swims.

Fri – 11:00 am for 800 FR (morning); 6:30 pm (evening).

Sat – 8:15 am for 200 MR (morning); 11:00 am for 400 FR (morning); 4:15 pm for 200 MR (evening); 6:30 pm for 400 FR (evening)

Sun – 8:15 am for 200 FR (morning); 10:00 am for 400 MR (morning); 4:15 pm for 200 FR (evening); 6:30 pm for 400 MR (evening)

Provable 400 MR times will be used for 200 MR seeding.

Start Procedures

Whistle starts and no-recall false start rules are in effect. Fly-over start procedures will be used for all Prelims and Timed Finals sessions.

Declared False Starts

Declared False Starts must be submitted to the Referee **prior** to the heat. Can be used only in Prelims or Timed Finals events.

If you know your swimmer will DFS, please let the Admin Ref know during warm-ups so we can mark our heat sheets. During the session, let the Deck Referee know.

Swimmer does not need to show behind the blocks.

Finals Procedure

Bonus/Consol/Final heats. Bonus/Consol heats will report to the blocks. Final heat will report to the Ready Room and parade.

DQs

If a swimmer commits a violation during a swim and is disqualified, he/she will be notified after the swim by the Chief Judge. Copy of DQ slip will be available for coaches at the Admin area.

Time Trials

Time Trials will be conducted following the Prelims/Timed Finals sessions on Thur (10 mins later), Fri and Sat (30 mins later).

Event order is in the meet invitation. M800 / W1500 Free only offered on Thursday; W800 / M1500 Free only offered on Friday. There are no TT on Sunday.

Time Trial swimmers must be entered in an Individual event at the meet; RELAY-only swimmers are not eligible for Time Trials. Max of two (2) TTs per swimmer in the meet.

Registration is at the Clerk of Course by 5:00 pm on Thurs and 11:00 am on Fri and 11:30 am on Sat. \$10 for individual events/\$25 for relays.

Awards

Top 8 individual/Top 3 Relays

We'll break during the Finals to give awards. Coach from the champion's team is asked to present the Awards.

Swimmers should report to the staging area for awards (at the window side of the diving well) and will parade to the awards stand.

Results

Results will be posted on the deck and upstairs.

We will also have results at the Clerk of Course.

All results will be on the LIAC website at <http://www.longislandswimming.com> .

Protests/Meet Jury

Protests must be filed in writing to the Referee not more than 30 minutes after the heat is swum.

If needed, we will conduct a Meet Jury.

Potential jurists are:

Officials: Fred Dooe (NE), Bruce Petersen (NJ)

Coach: Matt Craven (SAC-NE), Judy Montalbano (CAT-NJ)

Athlete: Kim Meleg (SNCO-CT), Todd Winchell (FAST-NI)

Problems/Complaints

Eligibility/administrative: Admin Referee first

Problems with swims: Deck Referee first

Facility problems: Meet Director (Ginny Nussbaum) first